

CONTINUING MEDICAL EDUCATION

IN SOUTHERN ALBERTA

SEPTEMBER 2006 to
JUNE 2007

SITE INFORMATION

University of Calgary
Office of Continuing Medical Education and
Professional Development
Faculty of Medicine
3330 Hospital Drive NW
Calgary, Alberta T2N 4N1
phone (403) 220 7240
fax (403) 270 2330
email cmeadmin@ucalgary.ca
website www.cme.ucalgary.ca

Calgary Health Region
Physician Education Services
Foothills Medical Centre (South Tower)
1403-29 Street NW, #ST-G02
Calgary, Alberta T2N 2T9
phone (403) 944 2830
fax (403) 944 4566
email pes@calgaryhealthregion.ca
website www.calgaryhealthregion.ca/clin/cme/cme.htm

A cooperative venture of the
University of Calgary and the
Calgary Health Region



calgary health region



FACULTY OF | UNIVERSITY OF
MEDICINE | CALGARY

*Office of Continuing Medical Education
and Professional Development*

Creating the future of health

SHORT COURSES

SEPTEMBER 2006

- 16-17 CCFP Preparation Course
19 Motion Assessment in Paediatric Disorders
19 When it's in their Heads and Backs – Managing Back Pain in Family Practice
22 Methadone Maintenance Treatment – Intro to Clinical Practice
29-Oct 1 Medicine Update for Psychiatrists

OCTOBER 2006

- 5 Cystic Fibrosis for Specialty Residents
13 Points on Joints
13 34th Annual Paediatric Orthopaedic Seminar and Townsend Lecture
27 Urgent Care

NOVEMBER 2006

- 3 Glen Edwards Day: "Taking Care of the Weekend Warrior: Dealing with your MSK Dilemmas"
20-23 Family Practice Review and Update
30-Dec 1 Annual Hospital Medicine Course

DECEMBER 2006

- 8 Calgary Pain Conference

JANUARY 2007

- 19 Rural Anesthesia for GP Anesthesiologists
19-21 23rd Annual Emergency Medicine for Rural Hospitals

FEBRUARY 2007

- 2 5th Annual Quality Improvement Forum
2-3 ECG Exam Preparation Course
7-10 16th Annual Pediatric Infectious Diseases
9 Mood Day

MARCH 2007

- 17-18 MCC QE Part II (Clinical Exam) Preparation Course
21-25 7th Annual Canadian Spine Society Meeting
29-30 24th Annual Therapeutics Course

APRIL 2007

- TBA Children in Care
20-21 Non Verbal Learning Disabilities

MAY 2007

- TBA 11th Annual Glen Edwards Day
TBA 12th Annual Health Research Methods

Visit our website to learn about other courses that may be developed
www.cme.ucalgary.ca

REGIONAL CONFERENCE PROGRAM

ALL CHR RURAL SITES • Supertime Video Conference Series

NEW THIS FALL; two in the Fall 2006, three in the Spring 2007
Day & Time TBA

ALL – Date TBA

Pediatric Asthma Protocol *David Johnson*

ALL – Date TBA

Pandemic Influenza *Judy MacDonald*

ALL – Date TBA

Management of Pregnant Women Presenting to the Rural ER
Jaelene Mannerfeldt

ALL – Date TBA

Acute Myocardial Infarction – Case Based Discussion Re:
Presentation in the Rural ER *TBA*

ALL – Date TBA

Patient Safety in Community Practice – Discussion of
Common Incidents and Solutions *Maeve O'Beirne*

ZONE 1 • Blairmore, Fort MacLeod, Pincher Creek

3rd Wednesday, 1500 hours

PINCHER CREEK – October 18, 2006

Anticoagulation Therapy *Russell Hull*

FORT MACLEOD – Date TBA

Diabetes Guidelines – Treatment Options *TBA*

BLAIRMORE – Date TBA

Update: Management and current therapy for PMS,
contraceptives, post menopausal *Philip Browne*

FORT MACLEOD – Date TBA

Adolescent Depression *Wayne Edwards*

PINCHER CREEK – April 18, 2007

Ischemic Heart Disease *Todd Anderson*

ZONE 3 • Drumheller

Monday, 1800 hours

DRUMHELLER – October 23, 2006

Diabetic Guidelines – First, Second & Third
Treatment Options *TBA*

DRUMHELLER – March/April, 2007

Renal & Cardiovascular Risk Reduction *TBA*

ZONE 4 • Innisfail

3rd Monday, 1800 hours

INNISFAIL – October 16, 2006

Retirement – Beyond the Financials *Bryn Whittaker*

INNISFAIL – Date TBA

Management of Head Injury *Peter Rawlek*

INNISFAIL – Date TBA

TIAs & Stroke Update *Andrew Demchuk*

INNISFAIL – Date TBA

Management of Skin Cancer and Pre-malignant Lesions *TBA*

INNISFAIL – Date TBA

Chronic Non Cancer Pain Management *TBA*

ZONE 5 • Red Deer Rounds

4th Thursday, 0800-0900 hours

RED DEER – October 26, 2006

TIAs/Stroke...Brain Attack *Andrew Demchuk*

RED DEER – November 23, 2006

Update on Alzheimer's *Duncan Robertson*

RED DEER – Date TBA

Cancer of the Bowel – Update on Current Treatments

Bob Hilsden or Carla Nash

RED DEER – Date TBA

Hepatitis Update *Saleh Alqahtani*

RED DEER – Date TBA

Osteoporosis Update *TBA*

RED DEER – Date TBA

Diabetes Guidelines – Treatment Options *Alun Edwards*

The Regional Conference Program is a visiting speaker program. Specialists from regional centers travel to rural communities to present a program on a topic requested by the site. Regional Conferences are held in selected rural communities throughout the year. The above areas are currently being served.

We wish to acknowledge funding from the Rural Physician Action Plan (RPAP) for the Regional Conference Program.

EVENING COURSE

SEPTEMBER, 2006

- 13 **Pain**
An Approach to the Problematic Patient and/or Behaviors Suggestive of Addiction vs Less Suggestive of Addiction. *Ron Lim & Bill Campbell*
How to Prescribe 'Pain Killers'. What are the Different Types of Pain and Pharmacology of its Treatment. What are the Dangers of the New Pain Killers? *Lori Montgomery*
- 20 **Dermatology**
Acne Treatment: What family physicians can do. *Lynne Robertson*
Dermatological Fungal Infections. *Richard Haber*
- 27 **Cardiology and Community Health**
Statins: Do they really work in primary, secondary and tertiary situations? Are they as safe as they should be? *Prafull Parekh*
Travel Medicine: Advice for the last minute traveler. *William Hanlon*

OCTOBER, 2006

- 4 **Cardiology and Infectious Diseases**
Key Cardiology Studies that the Family Physician Should Know About for Optimal Practice. *Rick Ward*
Update on STDs: What to watch for in the office. *Ron Read*
- 11 **Medical Legal**
Court Decisions Affecting Physicians: Implications for practice & writing a good medical legal report. (2 hours) *The Honorable Judge Heather A Lamoureux*
- 18 **Neurology and Cardiology**
Chronic Headaches: How to investigate, how to treat, resources. *Arnolda Eloff*
When to Use Anti-Platelet Agents: Which ones? *TBA*
- 25 **Endocrinology/Diabetes**
The Deteriorating Diabetic: Helpful hints for managing medications. *Peter Grundy*
How to Prescribe and Manage Insulin. *Alun Edwards*

NOVEMBER, 2006

- 1 **Infectious Diseases and Community Health**
Fever, Aching, Sniffling, Coughing and Diarrhea: Is it "A Flu", "The Flu" or something else? *Jim Kellner*
How the Family Physician Can Prepare Him/Herself in the Event of a Pandemic. *Judy MacDonald*
- 8 **Diagnostic Imaging and Cardiology**
Vascular Imaging for the Family Physician: What to order and when? *Eric Herget & Jason Wong*
Congestive Heart Failure Treatment: What the family physician can do before the specialist is engaged. *Deb Isaac*
- 15 **Gastroenterology and Oncology**
Local Screening Protocols for Gastroenterology: Facilitation of referrals to the GI clinic. *Carla Nash*
Cervical Cancer Screening. *James Dickinson*
- 22 **General Internal Medicine and Paediatric Nephrology**
An Approach to Unintentional Weight Loss. How Do You Begin the Investigation? *Elizabeth MacKay*
Voiding Difficulties in Children. *Julian Midgley*
- 29 **Gynaecology**
Re-Thinking HRT: The Appropriate use of HRT and the role of bio-equivalents. *David Cenaiko*
Female Sexuality Issues: Investigation and management. *Elisabeth Wagner*

DECEMBER, 2006

- 6 **Nephrology and ENT**
The Deteriorating GFR: How to investigate, how to monitor, when to refer? *Bruce Culleton*
The Red Eye: Eyelid issues, conjunctivitis. *John Huang*
- 13 **Billing**
Please note: this session NOT eligible for MAINPRO-M1 credit
How to Bill Optimally. (2 hours) *Marilyn Kroon*

JANUARY, 2006

- 10 **Cardiology and General Internal Medicine**
Chest Pain: Differential diagnosis. *Kevin Browne*
Night Sweats. *Jeffrey Schaefer*
- 17 **Hematology**
Investigation and Management of Thrombosis. (2 hours) *Russell Hull*
- 24 **Geriatrics**
Update on the Treatment of Alzheimer's Disease: Is there evidence that cholinesterase inhibitors really benefit day to day functioning or just improve the mini mental state exam? *Marlene Smart*
Selecting Community Resources for Optimal Care of Geriatric Patients: Mini case studies that illustrate options for the family physician. *Paddy Quail*
- 31 **Balancing Practice & Learning and Endocrinology**
What Should We Be Reading? How Do We Keep Up with Advances in Medicine? Websites for Family Physicians *Heather Armson*
The Adrenal Nodule that is Found Serendipitously: How to investigate? What monitoring should be done? *Julie McKeen*

FEBRUARY, 2006

- 7 **Hypertension**
What To Do With the Difficult to Manage Patient with Hypertension? The Hypertensive Who Has Been Treated with 3 Medications Without Success, What To Do Next. *Greg Kline*
White Coat Hypertension: Scientific evidence for white coat hypertension. Basis for diagnosis. How to manage long term. What are the indications for a 24-hour holter? Long term prognosis. *Norman Campbell*
- 14 **Paediatrics and Gastroenterology**
The Dysmorphic Appearing Child: What to screen for? What not to miss? *Jean-François Lemay & François Bernier*
Update on Celiac Disease Screening and Management. *Paul Beck*
- 21 **Endocrinology**
Polycystic Ovarian Disease. *Susan Kinnear*
An Update on Infertility: What the family physician needs to do to expedite the referral and manage follow-up. *Benjamin Wong*
- 28 **Allergy and General Medicine**
Medication Allergies: Differentiating allergies from sensitivities. Systemic problems vs trivial problems. *Stephen Cheuk*
Sleep Apnea: When to think of it, how to investigate, how to treat. *Jeff Mellor*

MARCH, 2006

- 7 **Lower Back Pain**
Guidelines for Back Pain. Do's and Don't's in Management. Red Flags. (2 hours) *Ted Findlay*
- 14 **Psychiatry and Dental**
When Do Depression and Anxiety Become a Disability: How to determine, monitor, when to support patients and their disability requests and when to tell them to go back to work. *Irena Esche*
Common Dental Problems that Present to the Family Physician's Office. *Eduardo Kalaydjian*

The Evening Course is held Wednesday evenings, 7:30-9:30pm. Registration is possible for pre-selected sessions, by the term or for the full year. For more information, call (403) 220 4251.

COLLABORATIVE VIDEO CONFERENCE PROGRAM

University of Calgary

SEPTEMBER, 2006

- 19 Concussion – The New Guidelines *Victor Lun*
- 26 Cardiac Imaging *Matthias Friedrich*

OCTOBER, 2006

- 3 Psychiatric Forms *Hussam Bawa*
- 10 Dementia *James Silvius*
- 17 Pandemics *Judy MacDonald*
- 24 Headache in the Emergency Room *Werner Becker*
- 31 Acute Coronary Syndromes *David Goodhart*

NOVEMBER, 2006

- 7 Psoriasis Therapy 2006 *Kirk Barber*
- 14 Diagnostic Imaging Update *Drew Schemmer*
- 21 Emergency Medicine Pearls *Mike Wickham*
- 28 Anticipation and Management of Infectious Health Issues in Immigrants *Susan Kuhn*

DECEMBER, 2006

- 5 The Marginalized Obstetrical Patient: What are the challenges? What programs are in place that work? *Sandra de la Ronde*
- 12 Top 10 Articles Family Physicians Should Have Read *Heather Armson*

JANUARY, 2007

- 16 Prostatitis & Prostate Cancer Review *Bryan Donnelly*
- 23 Palliative Care *Ron Spice*
- 30 Bipolar Disorder *Lauren Zanussi*

FEBRUARY, 2007

- 6 An Unrecognized Epidemic: Iron deficiency in children *Steve Wainer*
- 13 Elevation of Creatinine *Bruce Culleton*
- 20 Diabetes Therapy *David Lau*
- 27 Very Ill Pneumonia Patient *Kris Fraser*

MARCH, 2007

- 6 Post-op Complications in the Surgical Patient *Gregory Samis*
- 13 Cirrhosis *TBA*
- 20 Urologic Workup for UTI's in Children *Jim Kellner*
- 27 Diabetic Ketoacidosis *TBA*

APRIL, 2007

- 3 Obesity: A chronic disease, a family practice approach *Catherine McKenna*
- 10 The Mild to Moderate Pre-term Infant: Birth outcomes and concerns *Thierry Lacaze-Masmonteil*
- 17 Multiple Sclerosis *Luanne Metz*
- 24 Orthopaedic Splints and Braces *TBA*

MAY, 2007

- 1 Fetal Alcohol Syndrome *Robert Sutherland*
- 8 Methadone & Addiction *TBA*

The University of Calgary program is held on Tuesdays, for one hour, at 0800 hours. For content information, contact Claire Mills at (403) 220 4249, email millsc@ucalgary.ca www.cme.ucalgary.ca

University of Alberta

SEPTEMBER, 2006

- 20 Surgical Complications *Chris de Gara*
- 27 Cardiac Imaging *Ian Paterson*

OCTOBER, 2006

- 4 Obesity and Pregnancy: The impact on delivery for mom and baby *Roger Turnell*
- 11 Diabetic Ketoacidosis *Andrea Opgenorth*
- 18 Methadone & Addiction *Nick Wong*
- 25 Very Ill Pneumonia Patient *TBA*

NOVEMBER, 2006

- 1 Allergy Testing *Vincent Osundwa*
- 8 Diagnostic Imaging Update *TBA*
- 15 Common Skin Problems *Jaggi Rao*
- 22 Dementia *Angela Juby*
- 29 Obesity *Daniel Birch*

DECEMBER, 2006

- 6 Emergency Medicine Pearls *TBA*
- 13 Prostate Cancer Review *Randall Abele*

JANUARY, 2007

- 17 Psychiatric Forms *Trevor Prior*
- 24 Acute Coronary Syndromes *Bill Sevcik*
- 31 Orthopedic Splints and Braces *Gordon Arnett*

FEBRUARY, 2007

- 7 Bipolar Disorder *Mary Cummins*
- 14 The Marginalized Obstetrical Patient: What are the challenges, what programs are in place that work *Sue Chandra*
- 21 Herpes in Pregnancy: New considerations *Barb Romanowski*
- 28 Prostatitis *Howard Evans*

MARCH, 2007

- 7 Diabetes Therapy *Peter Senior*
- 14 Ophthalmologic Emergencies for the Family Physician *Ronald Casey*
- 21 Cirrhosis *TBA*

APRIL, 2007

- 4 Urologic Workup for UTI's in Children *Verna Yiu*
- 11 Top 10 Articles Family Physicians Should Have Read *G Michael Allan*
- 18 The Mild to Moderate Pre-term Infant: Birth outcomes and concerns *Roger Turnell & Leonora Henderson*
- 25 Headache in the Emergency Room *Erica Rabin*

MAY, 2007

- 2 Multiple Sclerosis *Mary Lou Myles*
- 9 Evaluation of Creatinine *Allan Murray*
- 16 Palliative Care *Robin Fainsinger*

The University of Alberta program is held on Wednesdays, for one hour, at 1200 hours. To register or for content information, contact Olga Nixon at (780) 407 6346, email olga.nixon@ualberta.ca www.cpl.ualberta.ca

GENERAL INFORMATION

MEDICAL INFORMATION SERVICE

<http://ruralnet.ab.ca/medinfo/>

The Medical Information Service (MIS) website provides all Alberta physicians with links to up-to-date medical information, including medical computer applications, literature search techniques and critical evaluation of medical information. This service has been co-sponsored by The Alberta Rural Physician Action Plan (RPAP) and the University of Calgary since 1989.

Virtual Library

<http://ruralnet.ab.ca/medinfo/library>

The "Virtual Library" provides rural Alberta physicians with free access to over 40 internet-based medical textbooks, the full text of selected medical journals, patient information handouts and clinical practice guidelines. This program has been funded by RPAP since 1999.

For Further Information, Contact

Dr Barrie McCombs, MD FCFP
MIS Coordinator, The Alberta Rural Physician Action Plan
3111 Utah Drive NW, Calgary, AB, T2N 3Z9
(403) 289 4227
barrie.mccombs@rpap.ab.ca
bmccombs@ucalgary.ca

LIBRARY SERVICES FOR PHYSICIANS

Physicians may be eligible for library services from the University of Calgary Health Sciences Library, the Health Information Network, and/or the Health Knowledge Network.

The University of Calgary Health Sciences Library supports the teaching, research and clinical care needs of the staff and students of the Faculties of Medicine, Nursing, Veterinary Medicine, Kinesiology and Science; and the research and patient care activities of teaching sites in Calgary and southern Alberta.

The University of Calgary Health Sciences Library provides library services to the Calgary Health Region through the health Information Network (HIN). The Network offers comprehensive access to primarily electronic health sciences journals, expert help in finding and retrieving information, community outreach programs, and training opportunities.

The Health Sciences Library at the University of Calgary is the hub for information services for the Calgary Health Region through four Knowledge Centres – located at the Peter Lougheed, the Rockyview General, The Alberta Children's Hospitals and the Women's Health Centre. The Health Sciences Library serves the Foothills Medical Centre.

To find out more about the Health Information Network, such as how to access e-journals, free document delivery, or to book a training session on available databases or other information products, CHR physicians should go to the Calgary Health Region iweb home page or the following address:
lweb.crha-health.ab.ca/supp/eduser/LIBRARY/LIBRARY.HTM

The Health Knowledge Network (HKN), a collaborative project of the University of Calgary and the University of Alberta, offers health science databases access and document delivery to individuals, institutions and health regions in Alberta. Physicians may be eligible for HKN services through their Health Region.

Questions or comments should be directed to:

Health Sciences Library

Lorraine Toews
Head, Public Services
University of Calgary Health Sciences Library
(403) 220 3750
ltoews@ucalgary.ca

Helen Lee Robertson
Document Delivery Librarian
University of Calgary Health Sciences Library
(403) 220 3736
helen.lee.robertson@ucalgary.ca

Health Information Network

Taryn Lenders
Librarian, Peter Lougheed Knowledge Centre
Calgary Health Region
(403) 943 4736
tlenders@ucalgary.ca

Elizabeth Aitken
Librarian, Rockyview General Hospital Knowledge Centre
Calgary Health Region
(403) 943 3488
eaitken@ucalgary.ca

Heather Ganshorn
Librarian, Alberta Children's Hospital Knowledge Centre
Calgary Health Region
(403) 943 7077
hganshor@ucalgary.ca

Health Knowledge Network

Vivian Stieda
Health Knowledge Network General Manager
(403) 220 8250
vstieda@ucalgary.ca

GENERAL INFORMATION

PROFESSIONAL ENHANCEMENT PROGRAM

Structured continuing medical education programs are available for physicians who wish to undertake additional or supplementary training to enhance their existing or planned practice activities.

The Professional Enhancement Program (PEP) provides a process to update medical competence, acquire new skills and pursue special interests for personal or community needs. These individually tailored programs may be short upgrades of 1 to 12 weeks, or may be of several months duration, comparable to a senior residency.

For further information, go to www.cme.ucalgary.ca, “click” Self-Directed Learning and then “click” Professional Enhancement Program”.

PEP cannot provide upgrading programs to unlicensed physicians seeking accreditation in Alberta.

PEP training may be arranged in most disciplines for family physicians or Royal College specialists. For further information, physicians in Calgary Health Region may contact Dr Jocelyn Lockyer at (403) 220 7240 or email lockyer@ucalgary.ca

Information is available for physicians from rural or regional centres regarding 2 week to 1 year Enrichment Programs. Check the Support for Practicing Physicians section of the Rural Physician Action Plan (RPAP) web page: www.rpap.ab.ca/Supportphysicians/ruralalberta.htm or contact Dr Ron Gorsche, RPAP Skills Broker Southern Alberta, phone (403) 652 4257, fax (403) 652 1510 or email rgorsche@telusplanet.net

ACCREDITATION

The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS).