

about us

The **Spina Bifida and Hydrocephalus Association of Canada** is a national network providing services and information to persons with spina bifida and/or hydrocephalus, their families and their caregivers.

Spina Bifida is a neural tube birth defect. It is the incomplete development of the nervous system and spinal cord, causing permanent damage. Spina Bifida results in varying degrees of permanent paralysis, loss of sensation and bladder and bowel dysfunction. In some cases, it can limit hand function, visual, hearing and learning abilities.

SBHAC through memberships with associations across Canada, offers funding for equipment, resource materials and information kits, family support network and educational assistance awards.

Individuals living with Spina Bifida and Hydrocephalus require appropriate health care, education, employment and recreational opportunities.

Thank you for your support in helping them reach their "full potential."

Isabel's story

Isabel is a 3 ½ year old girl who lives in Winnipeg, MB with her parents and 1 ½ year old younger brother, Ethan. The doctors made the diagnosis of Spina Bifida and a heart condition during her first ultrasound at 19 weeks. Over the course of the pregnancy her parents read everything they could to help them understand what was going to happen. When she was just a day old, she had surgery to close the lesion on her lower back. At three days of age she had a shunt inserted to manage her Hydrocephalus. She spent 6 weeks in hospital before she got to come home.

Over the course of her 3 ½ years she has undergone 12 surgeries. Besides the initial surgery to close the lesion, there were 10 shunt replacements and/or revisions, and a surgery to open the blockage in her heart. Bladder and bowel problems are controlled with many medications. She is scheduled to have another surgery to mend the reflux into her kidneys. Doctor and therapy appointments can be wearisome. However, without all the constant attention and meticulous care we are provided, Isabel would not be who she is today.

Isabel has been a miracle from day one. In spite of all she has gone through, she always has a smile on her face and is full of laughter. She is a wonderful, intelligent, giving, caring, sociable little girl. She spends her days in a regular daycare and is just like any other child. She loves to help out her mommy, colour, read books and simply do what all other little girls like to do.

Isabel is a real blessing. She reminds us every day that the best things in life aren't always wrapped in the most expensive wrapping and topped with a perfect bow.



This Year's Honorary Ambassador

Catriona Le May Doan
Two-time Olympic Champion,
Member of Canada's Sports Hall of
Fame, Order of Canada and
Spokesperson for Spina Bifida &
Hydrocephalus Canada

race day details

- date:** Saturday, August 28, 2010
- check in:** 9:15 a.m. – 10:00 a.m.
- warm up:** 10:00 a.m. – 10:15 a.m.
- start time:** 10:15 a.m.
- race location:** South Glenmore Park
90 Ave. & 24 St. S.W.
Calgary, AB
- race bag pickups:** August 26 & 27, 4:00 p.m. – 8:00 p.m. at:
Eau Claire Market Running Room
Unit A01, 200 Barclay Parade S.W.
Calgary, AB, T2P 4R5
- onsite activities:** Barbecue, Face-painting and Entertainment
to follow the end of the Run/Walk/Wheel
event starting at about 11:00 a.m.
- more info:** www.sbhasa.ca

pledge incentives

Want to earn great prizes while helping the kids? Pledge Prizes are awarded to those who collect as little as \$50. The more you collect, the greater the incentive! Check the website for a complete breakdown of prize incentives being offered for those who decide to collect pledges.

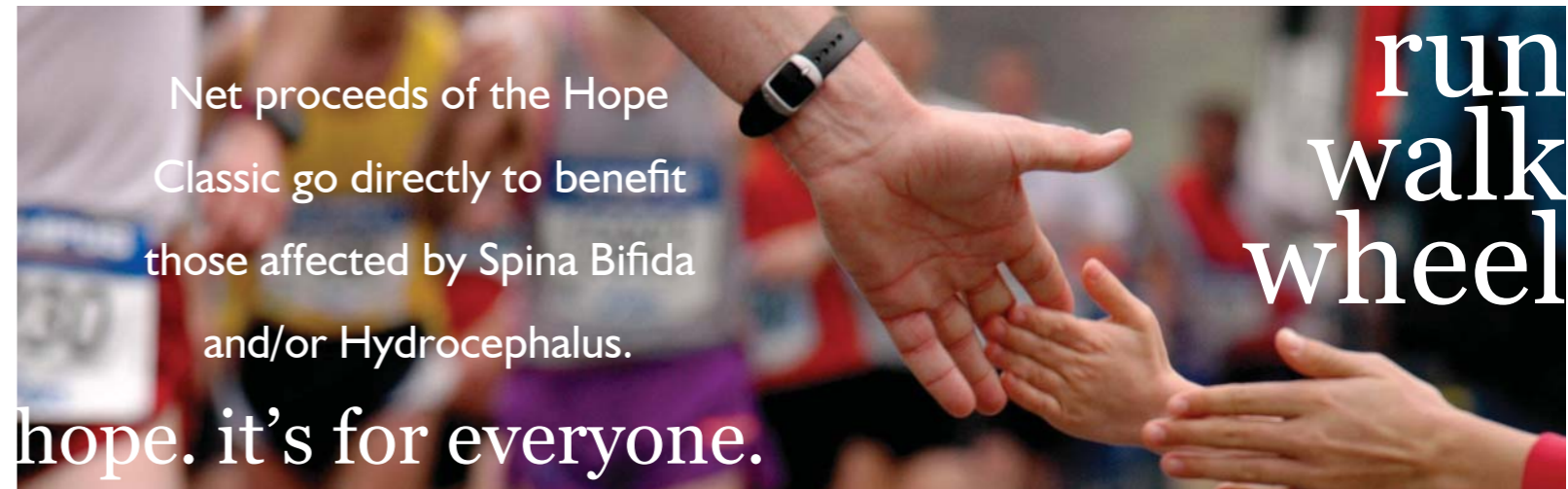
NOTE – rewards are not cumulative
* To qualify for prize incentives pledges must be received by August 21, 2010



Isabel

to do list:
get registered
get pledges
get ready
for fun!

“Where Finishing is Winning”



Thank you to our generous sponsors:



Proudly sponsored by:



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Calgary, AB
- check-in time:** 9:15 a.m. – 10:00 a.m.
- start time:** 10:15 a.m.
5K Walk/Wheel
8K Run/Wheel



www.hopeclassic.ca

Consider sponsorship opportunities! Your logo could appear here!

